



Iran Protests Update:

January 13, 2026

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Since December 28, 2025, protests against the Iranian regime have erupted across Iran in response to the country's economic collapse. JINSA will release daily updates covering the demonstrations as long as they continue. The update below reflects information as of January 13, 2026, at 1:00 pm ET.

Overview

Overnight, an Iranian official stated that [2,000](#) people have been killed in the recent protests as of January 13. However, *Iran International* has reported that at least [12,000](#) have been killed, with many of those deaths reported as the country plunged into a nationwide internet outage on January 8 and 9. The Human Rights Activists News Agency (HRANA) reported that over [16,700](#) others have been detained as of January 13.

Protests

- Overnight between January 12 and 13, protests continued in the cities of [Tehran](#), [Isfahan](#), [Tabriz](#), [Karaj](#), [Meshkan](#), [Ahvaz](#), [Mashhad](#), [Kermanshah](#), [Mahdasht](#), [Izeh](#), and [Shadegan](#).
 - » Protesters chanted "[by the end of the week Seyyed Ali \[Khamenei\] is gone](#)," "[this is the last battle – Pahlavi is coming back](#)," "[this is the year of blood Seyyed Ali will be overthrown](#)," "[down with Khamenei](#)," and "[shameless, shameless](#)," as they confronted police.
 - » A video from the morning of January 13 showed Iran's state-owned [Melli Bank](#) in Tehran was set on fire during an overnight protest.
 - » Sources inside Iran told *CNN* on January 13 that protest activity has [declined](#) in Tehran compared to previous nights.
- On January 13, some sources inside Iran reported being able to make [international phone calls](#) after four days of the government-imposed communication outage. However, the regime continues to impose a nationwide internet ban.

Regime Retaliation

- On January 13, *Iran International* reported that over [12,000](#) individuals have been killed by government forces in a systematic crackdown during the recent protests, with most deaths occurring on January 8 and 9.
 - » The report alleges that security forces received direct orders to kill protesters from Supreme Leader Ali Khamenei.
 - » The report also claims that most of the protesters who have been killed are younger than 30 years old.
- On January 13, HRANA received an undated video depicting Iranian security forces firing into a crowd of protesters in [Mashhad](#).

- On January 12, security forces raided homes in Tehran, confiscating [satellite dishes](#) and CCTV camera footage.
 - » [The Wall Street Journal](#) later reported that Iranian authorities are jamming Starlink internet access and removing Starlink dishes from people's homes as citizens look to bypass government internet restrictions.
- On January 12, intelligence forces raided homes in [Marivan County](#) and detained over 50 individuals.

Regime Responses

- Overnight, an Iranian official stated that [2,000](#) people have been killed during the recent protests. He accused “terrorists” of killing both civilians and security forces.
- On January 12, Iranian Supreme Leader [Ali Khamenei](#) warned “American politicians to stop their deceit and not rely on traitorous mercenaries,” as several Iranian officials blame foreigners for interfering in Iran's protests.

U.S. Responses

- On January 13, President Donald Trump addressed Iranian protesters in a [Truth Social post](#), calling on them to “take over your institutions,” and assuring them that “help is on its way.”
 - » He also stated that he has “cancelled all meetings with Iranian officials until the senseless killing of all protesters stops.”
- On January 12, Trump announced that countries conducting business with Iran will have to pay a [25 percent tariff](#) if they want to carry out any business with the United States.

International Responses

- On January 31, digital rights group [Filterban](#) announced that Starlink internet subscriptions are now free in Iran as the regime continues to implement the nationwide internet outage.
- On January 13, several European nations summoned their ambassadors to Iran in response to the regime's violence against protesters, including [France](#), [Germany](#), the [United Kingdom](#), [Denmark](#), [Spain](#), [Finland](#), the [Netherlands](#), [Belgium](#), [Italy](#), [Portugal](#), and [Czechia](#).
- On January 13, German Chancellor [Friedrich Merz](#) stated that he believes “we are now seeing the final days and weeks of this regime” in Iran.
- On January 13, [Russia's Foreign Ministry](#) released a statement warning of “disastrous consequences” for “those who plan to use externally inspired unrest as a pretext for repeating the aggression against Iran committed in June 2025.” The statement comes as Trump contemplates retaliatory action against Iran's suppression of protesters.