



## Iran War Update: July 10, 2026

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President Donald Trump and Iranian President Masoud Pezeshkian signed a Memorandum of Understanding (MOU) on June 17, outlining terms to end the war and reopen the Strait of Hormuz. The MOU launches a 60-day period of technical negotiations on Iran's nuclear program. JINSA continues to release regular updates about the conflict. The update below includes information since [JINSA's last update](#) as of July 10 at 9:45 am ET.

Iranian missiles and drones launched since June 14 U.S.-Iran MOU announcement: **At least 89** (0 on July 10)

Ships transiting Strait of Hormuz since June 14 MOU announcement: **At least 588** (at least 13 between July 8–July 9)

Daily average of ships transiting Strait of Hormuz since June 14 MOU announcement: **22.3**

Daily average of ships transiting Strait of Hormuz prior to the Iran war: **138**

### 1. Overview

- Former Iranian Supreme Leader Ayatollah Ali Khamenei was [buried](#) in his hometown of Mashhad, Iran, early on July 10, bringing to a close six days of funeral processions.
- Following a [meeting](#) on July 9 between President Donald Trump and his senior national security team to discuss tensions with Tehran and the path forward, a senior U.S. official [confirmed](#) in a statement to reporters that the administration remains “committed to finding a resolution,” and technical discussions with the Iranians are ongoing.
  - » The official shared that the United States is still prepared to uphold the terms of the MOU, provided that Iran also abides by the agreement.
- On July 9, a series of airstrikes [targeted](#) sites in Iran after U.S. Central Command (CENTCOM) indicated its operations had ended, with no country claiming the attack. A U.S. official told [CNN](#) that the U.S. military was not responsible.
- On July 9, *The Wall Street Journal* [reported](#) that Israel had shared intelligence with the United States about a new Iranian plot to assassinate President Trump. Iran has sought to retaliate against President Trump since he ordered the killing of Iranian Major General Qassem Soleimani, who led Iran's Islamic Revolutionary Guard Corps Quds Force (IRGC-QF), in January 2020.
  - » President Trump remarked on July 8, “I’m on every single one of their lists [for assassination]. And so far, I guess I’ve been a little bit lucky, but that maybe doesn’t last very long.”

## 2. Diplomatic Engagement

- On July 9, Secretary of State Marco Rubio [met](#) with Saudi Ambassador to the United States Princess Reema Bandar al-Saud.
  - » The meeting followed [reporting](#) last week of a rift between the two countries that emerged when Saudi Arabia refused to allow the United States access to its airspace for Project Freedom, the U.S. initiative to assist ships with transiting the Strait of Hormuz, following distrust in Riyadh of Washington's handling of the war with Iran.

### *Iran*

- On July 10, Qatari negotiators met with Iranian officials in Iran to discuss [de-escalating](#) tensions and facilitating the continuation of U.S.-Iran negotiations.
  - » The talks focused on the implementation of the MOU and the causes of the recent escalation between the United States and Iran, including disputes over the Strait of Hormuz.
  - » *Axios* [reported](#) on July 9 that regional mediators Qatar, Pakistan, Turkey, Egypt, and Saudi Arabia conducted multiple calls on July 8 with both the United States and Iran in efforts to de-escalate rising tensions between the two sides this week.
- In a statement to reporters on July 9, a senior U.S. official [remarked](#) that “the MOU is performance-based, and Iran’s actions constitute failed performance at an unacceptable level.”

### *Lebanon*

- On July 9, a U.S. official [told](#) *The Times of Israel* that the Israel-Lebanon talks scheduled for July 15-16 in Italy will be “a closed discussion that will enable the governments to hand off to technical teams, which will work on all issues outlined in the framework.”

## 3. U.S. and Israeli Operations

### *Iran*

- On July 9, President Trump [held](#) a phone call with Israeli Prime Minister Benjamin Netanyahu to discuss ongoing regional tensions.
  - » According to the call's readout, President Trump updated the Israeli Prime Minister on CENTCOM's operations in Iran, while Netanyahu drew attention to Turkish President Recep Tayyip's verbal attacks on Israel.
  - » During the call, Prime Minister Netanyahu also emphasized the importance of the Israel Defense Forces (IDF) maintaining its presence in southern Lebanon to ensure Israeli security.
- On July 9, Prime Minister Netanyahu [stated](#) that “with or without an agreement, Iran will not possess nuclear weapons.”
  - » While referring to the American military as “a tremendous force multiplier,” for Israel, Prime Minister Netanyahu said that “the war is not over,” with Iran and other regional threats remaining in the picture.
  - » Prime Minister Netanyahu, appearing to also address the threat of Turkey, stated that “alongside old challenges, new ones continue to emerge. Old axes collapse, and new ones arise. We are preparing for every scenario. We know one thing: we must always remain stronger than our enemies.”
  - » He added, “Preserving Israel's air superiority is a cornerstone of our national security doctrine. It is equally essential for maintaining stability in the turbulent Middle East,” and assured that “We achieve this by continually improving both our people and our technology.”

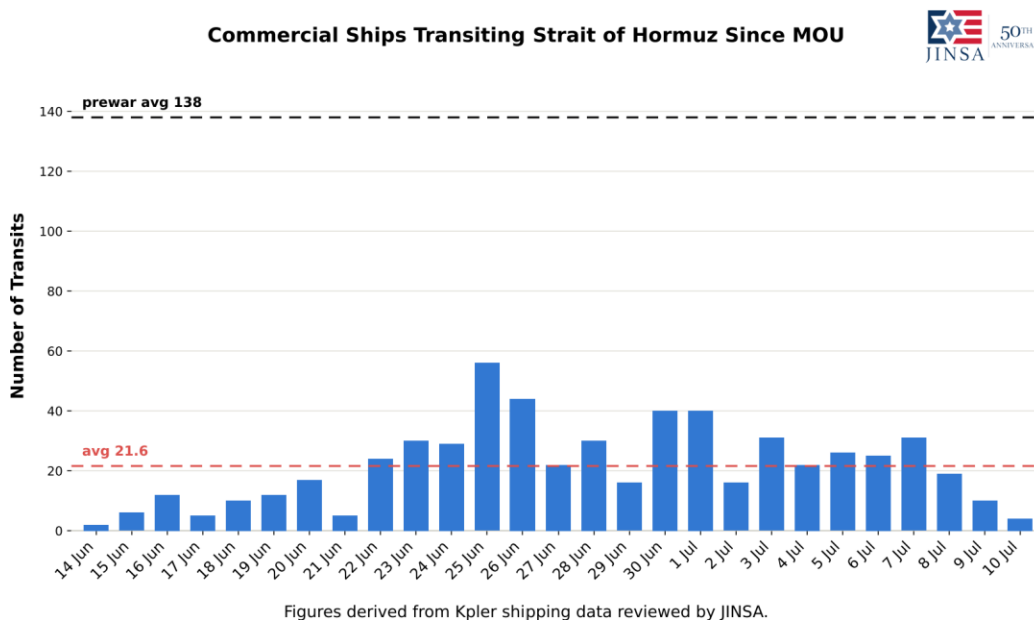
- On July 9, the governor of the Iranian city of Konarak [confirmed](#) that both waves of U.S. air-strikes in recent days targeted the city’s naval military site.

#### Lebanon

- On July 10, the IDF [announced](#) that soldiers in the Golani Brigade recently uncovered and destroyed Hezbollah weapons, including machine guns, explosives, launchers, and missiles hidden among several sites within the Israeli security zone.
- On July 9, the IDF [announced](#) that its forces recently destroyed two Hezbollah tunnels underneath Majdal Zoun in southern Lebanon.
- On July 9, a U.S. official [informed](#) *The Times of Israel* that Israeli forces stationed in southern Lebanon will soon withdraw from two pilot zones, with the official stating that “The first pilot zone will launch in a matter of days, and further pilot zones are being mapped out and planned. CENTCOM is coordinating with both countries to move forward.”
  - » The official noted, “We will soon begin outreach to international partners to help the Lebanese government effectively restore sovereignty in these (pilot) zones and across their country more broadly.”
  - » However, on July 9, Prime Minister Netanyahu insisted that “we will remain in the security zone in southern Lebanon for as long as necessary to guarantee the security of our communities in the north.”

#### 4. Strait of Hormuz Shipping

- According to the Kpler analytics firm, just one of the roughly dozen commercial ships that transited the Strait of Hormuz on July 9 traveled on the so-called Omani route, near Oman’s borders, while the rest traveled on the so-called Iranian route. The number of ships traveling on the Omani route has [declined](#) in recent days following Iranian attacks on ships using that sea lane, per Kpler data.



#### 5. Internal Iranian Dynamics

- On July 9, military-clothed gunmen [opened](#) fire in Mashhad, killing two Basij members near the Imam Reza shrine during former Supreme Leader Ali Khamenei’s burial.

## 6. Threats, Condemnations, and Statements from Iranian and Proxy Officials

- Following [threats](#) from President Trump on July 8 for further U.S. strikes against Iran, including against Iranian infrastructure, Secretary of Iran’s Supreme National Security Council Mohammad Bagher Zolghadr [warned](#) on July 10 that “An attack on infrastructure will be met with a reciprocal response.”

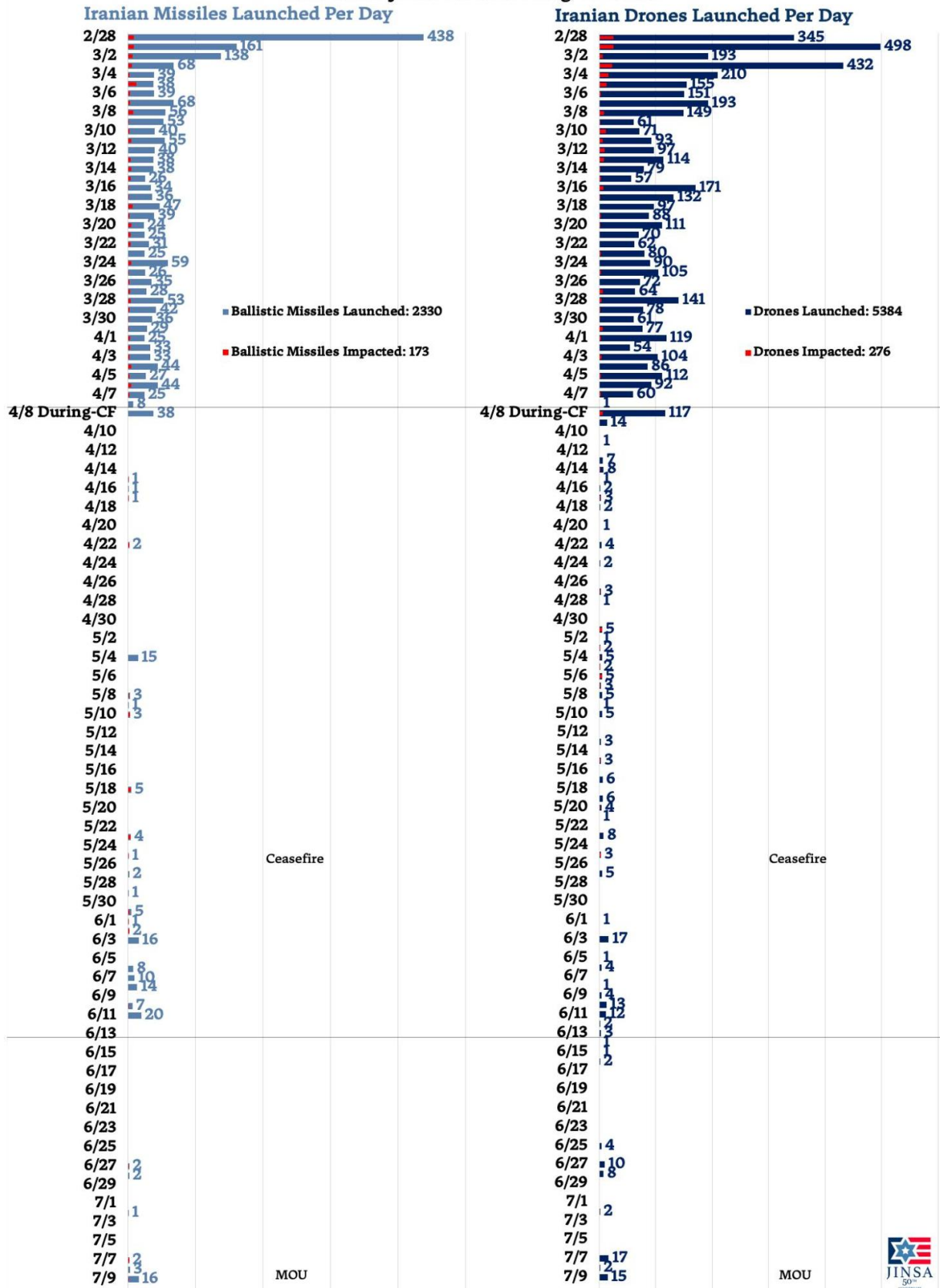
## 7. International Response

- On July 10, Emirati presidential advisor Anwar Gargash [stated](#) that strengthening unity among Gulf countries is an “utmost necessity” amid renewed Iranian attacks, arguing that there is “no alternative but to unite our ranks” to defend regional sovereignty and preserve shared interests.
- On July 10, the CEO for Russia’s state nuclear corporation [stated](#) that Moscow began the process of re-stationing six employees at the Bushehr nuclear plant in Iran after the war prompted their evacuation earlier this year.
- On July 10, Germany’s *Der Spiegel* [reported](#) that the Bundeswehr closed its military field camp in Erbil and abruptly ended its long-running mission to train Kurdish Peshmerga forces in northern Iraq.

Estimated Casualties of Iranian Operations			JINSA
Country	Killed	Injured	Notes
United States	13	400+	10 seriously wounded; 354+ returned to duty
Israel	65+	7,795+	Killed include 26 civilians and 39 killed fighting Hezbollah (38 soldiers, 1 contractor)
Iran	3,650+	26,500+	Includes 1,221+ military; Iran International reports 4,700+ security personnel killed
Azerbaijan	—	4	All civilians
Bahrain	3	46	Killed include a Moroccan contractor; injured include 5 Emirati soldiers
Iraq	119	—	Includes 20 in Iraqi Kurdistan
Jordan	—	31+	
Kuwait	8	161+	Injured includes 90 soldiers
Lebanon	4,321	12,204	Figures do not distinguish Hezbollah operatives from civilians
Oman	3+	17+	
Qatar	7	20	Killed occurred in March 22 helicopter crash
Saudi Arabia	3	23	Killed include 1 Saudi national and 2 foreign nationals
Syria	4+	Several	
United Arab Emirates	12	230	

*Data compiled by JINSA from various sources.*

### Iranian Projectiles Fired During 2026 War



## 8. JINSA Resources

- Yoni Tobin, [Oil For Tehran, Not Us: Removing Iran's Strait Jacket on Global Energy Flows](#), July 8, 2026
- John Hannah, "[How Trump Can Win Back Allies and Rejuvenate U.S. Diplomacy on Iran](#)," *The Hill*, July 5, 2026
- Michael Makovsky, PhD, and Blaise Misztal, [Getting on Base: Israel is the Solution to Vulnerability of U.S. Bases in the Gulf](#), July 2, 2026
- Hussein Aboubakr Mansour, [The Unmaking of America's Persian Gulf Order](#), June 26, 2026
- Jonathan Ruhe, [How the MOU's "Nuclear Status Quo" Negates a Good Iran Deal](#), June 24, 2026
- Michael Makovsky, PhD, John Hannah, Blaise Misztal, and Jonathan Ruhe, [Reversal of Fortunes: The U.S.-Iran Memorandum of Understanding](#), June 23, 2026
- Ari Cicurel, "[Trump Went to War to End Iran's Missile Threat. Now He Endorses It](#)," *Jewish News Syndicate*, June 23, 2026
- [Infographic - The Iran MOU: Did the U.S. Understand the Assignment?](#), June 18, 2026
- Michael Makovsky, PhD, "[Epic Fury Ends with a Flop](#)," *Jewish News Syndicate*, June 17, 2026
- Blaise Misztal, [Uncertifiable and Illegal, but Probably Unstoppable: Congress Must Review the Iran MOU](#), June 17, 2026
- Michael Makovsky, PhD, [The Origins of the Iran Deal](#), June 16, 2026
- Sarah Havdala, [While the War Raged On: Repression in Iran](#), June 16, 2026
- [Infographic: What's the Deal with the Deal?](#) June 12, 2026
- John Hannah, "[Trump Is Stuck and His Iran Leverage Is Spent](#)," *The Washington Examiner*, June 12, 2026
- Jonathan Ruhe, "[We Need a Long-Term Strategy to Deal With Iran](#)," *The Dispatch*, June 11, 2026
- Maj Gen Charles Corcoran, USAF (ret.) and Yoni Tobin, "[What the Iran War Shows About the Future of Warfighting](#)," *RealClearDefense*, June 8, 2026
- Michael Makovsky, PhD, and Blaise Misztal, [Trump Is Lost on Iran](#), June 5, 2026